

VITAE

Susan M. Robison

ADDRESS

Susan Robison, Ph. D
3725 Font Hill Drive;
Ellicott City, MD 21042
Home: 410-465-5892; Office: 410-461-1382; Fax 410-465-5967;
www.ProfessorDestressor.com; susan@www.ProfessorDestressor.com

EDUCATION

Post-doc	Cognitive Behavior Therapy	1984-1985	Maryland Psychological Association Educational Foundation
Ph.D.	Experimental Psychology	1971	Ohio University
M.S.	Experimental Psychology	1969	Ohio University
B.S.	Psychology	1967	Loyola University of Chicago

EMPLOYMENT

Self-Employment:

1970 – present	Psychologist, consultant, and speaker: stress management, leadership, faculty development, marriage, work-life issues, & communication skills.
1978 – present	Independent practice as a psychologist specializing in marriage, stress, sexuality, executive stress, and professional burnout.

Academic Appointments:

1982 – present	Professor, Department of Psychology, College of Notre Dame of Maryland
1982 – 1984	Chair, Department of Psychology, College of Notre Dame of Maryland

1977 – 1982	Associate Professor, Department of Psychology, College of Notre Dame of Maryland
1972 – 1977	Assistant Professor, Department of Psychology, College of Notre Dame of Maryland
1970 – 1972	Assistant Professor, Department of Psychology, Ohio University at Lancaster
1968 - 1970	Teaching Assistant, Department of Psychology, Ohio University
1967 - 1968	National Science Fellow, Department of Psychology, Ohio University

PUBLICATIONS

Books:

Robison, S. M. (1990, 1993). *Discovering Our Gifts: NCCW Leadership Manual*. Washington, D.C.: National Conference of Catholic Women.

Robison, S. M. (1988, 1992) *Sharing Our Gifts: NCCW Leadership Manual*. Washington, D.C.: National Conference of Catholic Women.

Walvoord, B. E., McCarthy, L., Robison, S. M., et al. (1991). *Thinking and Writing in College*. Urbana, IL: National Council of Teachers of English.

Articles and Chapters:

Walvoord, B. E., Anderson, V. J., Breihan, J. R., McCarthy, L. P., Robison, S. M., & Sherman, A. K. (1995). Functions of outlining among college students in four disciplines. *Research in the Teaching of English, 29*, 390-421.

Walvoord, B. E., Anderson, V. J., Breihan, J. R., McCarthy, L. P., Robison, S. M., & Sherman, A. K. (1995). Making traditional, graded tests and assignments serve contemporary needs for assessment. In T. W. Banta (Ed.), *Good Practice in Assessing Higher Education Outcomes*. San Francisco, CA: Jossey-Bass.

Robison, S. M. (1974). Sex difference - fact or artifact. *Tennessee Education, 4*, 9-16.

Laughlin, R. R., Moss, I. L. & Miller, S. M. (1969). Information- processing in children as a function of adult model, stimulus display, school grade, and sex. *Journal of Educational Psychology, 60*, 188-193.

PRESENTATIONS AT PROFESSIONAL MEETINGS

- Robison, S. (2009, November). *Performance practices of highly effective and engaged faculty*. Preconference workshop presented at the annual conference of Lilly International, Miami University, Oxford, OH.
- Robison, S. (2009, November). *Time management: Why you don't need it, can't do it anyway, and what to do instead*. Workshop presented at the annual conference of Lilly International, Miami University, Oxford, OH.
- Robison, S. (2009, October). *Peak performance practices of highly effective and engaged faculty*. Preconference workshop presented at the annual conference of Professional and Organization Development of Higher Education, Houston, TX.
- Robison, S. (2009, October). *Time management: Why you don't need it, can't do it anyway, and what to do instead*. Workshop presented at the annual conference of Professional and Organization Development of Higher Education, Houston, TX.
- Robison, S. (2009, June). *Time management: Why you don't need it, can't do it anyway – and what to do instead*. Workshop presented at the annual conference of Textbook and Academic Authors. San Antonio, TX.
- Robison, S. (2009, May). *Peak performance practices of highly effective and happy faculty*. Workshop presented at the annual conference of National Institute of Staff and Organizational Development, Austin, TX.
- Robison, S. (2009, May). *Peak performance practices of highly effective and engaged faculty*. Workshop presented at the annual conference of The Teaching Professor, Washington, D.C.
- Robison, S. & Fink, D. (2008, November). *Becoming leaders in a learning-centered university*. Workshop presented at the annual conference of Lilly International, Miami University, Oxford, OH.
- Robison, S. (2008, November). *Peak performance practices of highly effective and happy faculty*. Workshop presented at the annual conference of Lilly International, Miami University, Oxford, OH.
- Robison, S. (2008, November). *Peak performance practices of highly effective and happy faculty*. Workshop presented at the annual conference of Professional and Organization Development of Higher Education. Reno, NV.
- Robison, S. (2008, April). *Living by design: Time management for academic faculty*. Workshop presented at the annual conference of Lilly East, University of Delaware, Newark, DE.

- Robison, S. (2007, November). *Living purposely in a distracting world: A Blueprint for work-Life Balance for busy professionals* Workshop presented at the annual conference of Lilly National, Miami University of Ohio, Oxford, OH.
- Robison, S. (2007, April). *Staying sane in insane places: Living well while doing good.* Workshop presented at the annual conference of Lilly East, University of Delaware, Newark, DE.
- Robison, S. (2006, November). *Staying sane in insane places: Living well while doing good.* Workshop presented at the annual conference of Lilly National, Miami University of Ohio, Oxford, OH.
- Robison, S. (2006, October). *Staying sane in insane places: Work-life balance for faculty developers/faculty.* Workshop presented at the annual conference of the Professional and Organization Development Network, Portland, OR.
- Robison, S. M., & Gray, C. R. (2000, March). *Magic of extraordinary marriages: A cognitive-behavioral model for successful marital therapy.* Workshop presented at the annual meeting of the Eastern Psychological Association, Baltimore, MD.
- Robison, S. M., Robison, P. D., & Gray, C. (1999, February). *Links to successful marital therapy: The magic of extraordinary marriages.* Workshop presented at the Mid-Winter Convention of American Psychological Association Divisions of Psychotherapy, Family, and Independent Practice, West Palm Beach, FL.
- Gray, C. R., & Robison, S. M. (1998, March). *The other rules: Wise women navigating towards good marriages.* Workshop presented at the annual conference of the Association for Women in Psychology, Baltimore, MD.
- Gray, C. R., & Robison, S. M. (1997, March). *Women and marriage: For better or for worse?* Paper presented at the annual conference of the Association for Women in Psychology, Pittsburgh, PA.
- Walvoord, B. E., Sherman, A. K., Gazzam, V. J., Robison, S. M. (1988, March). *The professional and the personal in college writing.* Paper presented at the Conference of College Composition and Communication, St. Louis, MO.
- Robison, S. M., & Robison, P. D. (1985, February). *Rewards and hazards for the married couple as independent practice partners.* Workshop presented at the Mid-Winter Meeting of American Psychological Association Division of Psychotherapy and Division of Independent Practice, Miami Beach, FL.
- Robison, S. M. (1983, August). *Crafting the psychology assignment: Techniques to improve students' writing.* Paper presented at the annual convention of the American Psychological Association, Anaheim, CA.

Robison, S. M., & Boucher, K. (1981, April). *Value based sex education: A decade of progress*. Paper presented at the annual meeting of the American Association of Sex Educators, Counselors, and Therapists, San Francisco, CA.

Robison, S. M. (1981, April). *Sex fair counseling: Beyond feminism*. Paper presented at the annual meeting of the American Association of Sex Educators, Counselors, and Therapists, San Francisco, CA.

Robison, S. M. (1980, May). *Self-parenting: A lifelong experience*. Workshop presented at the Third Annual Symposium of Family Therapy Practice Network, College Park, MD.

Robison, S. M. (1970, May). *Controlling amount of information in conjunctive and disjunctive concept attainment with initial positive or negative instances*. Paper presented at the annual convention of the Midwestern Psychological Association, Cincinnati, OH.

INVITED PRESENTATIONS

Dr. Robison has presented thousands of keynotes and workshops to business, professional and academic groups including Johns Hopkins University Medical School, University of Wisconsin, National Oceanic and Aeronautics Administration on work-life balance, burnout prevention and communication skills in the workplace. The following are some academic presentations:

Robison, S. M. (November, 2009). *Time management: Why you don't need it, can't do it anyway, and what to do instead*. Workshop for faculty. Lawrence Technological University. Southfield, MI.

Robison, S. M. (November, 2009). *Peak Performance Practices of Highly Effective and Happy Faculty: Living Well While Doing Good*. Workshop for faculty. Lawrence Technological University. Southfield, MI.

Robison, S. M. (August, 2009). *Peer leadership skills for department chairs*. Workshop for department chairs, Otterbein College, Westerville, OH.

Robison, S. M. (August, 2009). *Building resilience: Getting ahead of the change curve*. Workshop. Workshop for the faculty, Otterbein College, Westerville, OH.

Robison, S. M. (November, 2007). *Plays Well With Others: Leadership Skills for Department Chairs and Directors. and Staying Sane in Insane Places: Living Well While Doing Good* Workshops presented for the faculty, Eastern Illinois University. Charleston, IL.

Robison, S. M. (October, 2007). *Intentional Living: Time Management for Academic Faculty*. Workshop presented for the faculty, University of Virginia, Charlotte,

VA.

- Robison, S. M. (October, 2007). *Intentional Living: Time Management for Academic Faculty*. Workshop presented for the Excellence in Diversity Fellows Program, Teaching Resource Center, University of Virginia, Charlotte, VA.
- Robison, S. M. (October, 2007). *Leadership Skills For Peer Leaders*. Workshop presented at a retreat for the faculty of the Molecular and Comparative Department, Johns Hopkins University Medical School, Baltimore, MD.
- Robison, S. M. (June, 2007). *MAP Your Career: Living Well While Doing Good*. Workshop presented to the STEM Women Faculty, Office of the President, University of Maryland Baltimore Center, Baltimore, MD.
- Robison, S. M. (May, 2007). *No Snooze Buttons Allowed: Active Learning Strategies for the Classroom, Lab, and Clinic*. Workshop presented to the John Hopkins School of Nursing Geriatric Medicine and Gerontology, Johns Hopkins University, Baltimore, MD.
- Robison, S. M. (April, 2007). *Having your best year ever: Managing your mission, yourself, and your time*. Workshop presented to the Center on Aging and Health and the Division of Geriatric Medicine and Gerontology, Johns Hopkins University, Baltimore, MD.
- Robison, S. M. (February, 2007). *Staying sane in insane places: Managing diverse faculty responsibilities with clarity, balance and ease*. Workshop presented to the faculty and staff at the University of Virginia, Charlotte, VA.
- Robison, S. M. (November, 2006). *Staying sane in insane places: Managing diverse faculty responsibilities with clarity, balance and ease*. Workshop presented to the faculty at Northeastern Illinois University, Chicago, IL.
- Robison, S. M. (November, 2006). *Playing well with others: An introduction to communication skills in the workplace*. Workshop presented to the faculty at the Johns Hopkins University Medical School, Baltimore, MD.
- Robison, S. M. (May, 2006). *Staying sane in insane places: Managing diverse faculty responsibilities with clarity, balance and ease*. Workshop presented to the Faculty College, University of Wisconsin, Richland, WI.
- Robison, S. M. (May, 2006). *Playing well with others: Leadership skills for department chairs and division heads*. Workshop presented to the Department of Neurology, University Medical School, Johns Hopkins University, Baltimore, MD.

Robison, S. M. (February, 2006). *Playing well with others: An introduction to communication skills in the workplace*. Workshop presented to the Women's Council, University Medical School, Johns Hopkins University, Baltimore, MD.

Robison, S. M. (January, 2006). *Having your best year ever: Managing your mission, yourself, and your time*. Workshop presented to the Women's Council, University Medical School, Johns Hopkins University, Baltimore, MD.

Robison, S. M., & Walvoord, B. (May, 2005). *Managing diverse faculty responsibilities: Saving time, staying sane, doing well*. Workshop presented to the Women's Council, University Medical School, Johns Hopkins University, Baltimore, MD.

NEWSLETTERS

Dr. Robison self publishes three newsletters, a quarterly marriage newsletter since 2000, a monthly newsletter for professional women since 2001, and a quarterly faculty development newsletter since 2006. Communication skills, work-life balance, finances, time management are just a few of the topics written about. The following are some of her recent newsletter publications:

Robison, S. M., & Robison, P. D. (2006, Fall). *Stop the blame game: Part II*. Love Notes: Transforming Ordinary into Extraordinary Marriages. See http://www.couplebiz.com/cb_newsletter_detail.asp?id=29

Robison, S. M. (2006, May/June). *Forming the container*. . See http://www.bosswoman.org/newsletter_detail.asp?id=53

Robison, S. M. (2006, Fall). *Less is more*. See http://www.professordestressor.com/sr_newsletter_detail.asp?id=43

PROFESSIONAL ASSOCIATIONS

American Association of Behavior Therapists
American Association of Sex Educators, Counselors, and Therapists
American Psychological Association
 APA Divisions of Family, & Women, and Independent Practice
Maryland State Board of Examiners Licensed Psychologist
Association for Women in Psychology
National Speakers Association
National Association of Women Business Owners
Organization Development Network
National Council of Family Relations
National Speakers Association
Coalition for Marriage, Family, and Couples Education

COMMUNITY SERVICE AND CONSULTATIONS

1995 – 2004	Member, Education Committee, Executive Women’s Network
2000 - 2001	Member Board of National Association Women Business Owners BR
1987 – 1999	Consultant for National Conference of Catholic Women
1987 – 1988	Advisory Board on Family Life Education, Girl Scouts of Central Maryland
1983 – 1986	Consultant for Maryland Writing Project,
1982 – 1984	Consultant for Washington, D. C. Veterans Administration Hospital
1982 – 1985	Girl Scout Leader, Brownie Troop 686
1985 – 1987	Member Baltimore Archdiocese Committee to establish guidelines for parish sex education programs.
1976 – 1979	Member Archbishop's Committee on Matrimony
1976	Member Archbishop's Task Force on the Status of Women
1975 – 1981	Trainer, Baltimore Archdiocese Sex Education Teachers' Program
1970 – present	Speaker for many Church and civic groups in sex education, women, stress management, and extraordinary marriages.
1973 – present	Consultant to business, educational institutions, and professional organizations on work-life balance and leadership.

ADMINISTRATIVE EXPERIENCE

1978 – present	Managing own business(s) since 1978. (Businesses include practices in psychotherapy, coaching, speaking, and consulting).
1983 - 1985	Member, Council for Faculty Growth and Development, College of Notre Dame.
1982 –1984	Chair, Department of Psychology, College of Notre Dame.
1972 –1984	Member of Senate, Curriculum, Self-study (Middle States Accreditation), and other elected and appointed committees

GRANTS AND HONORS

2007	Winner, Top 100 Women & Minority Owned Businesses (MD, DC & VA)
2004	Winner, Mandy Goetz Award from the Executive Women’s Network
1998	Who's Who in America
1990 – 1998	Who's Who in American Women
1998	Who's Who in Medicine and Healthcare
1996	Woman of the Year, American Biographical Institute Board of International Research
1985,1986,1991,1992	Who's Who in Human Service Personnel

1994	Who's Who in the World
1991 – 1998	Who's Who in the East
1991 – 1998	Who's Who in Science and Technology
1992 – 1998	Who's Who in International Women
1995	International Who's Who of Professional & Business Women
1972	National Science Foundation Research Grant
1972	Ohio University Instructional Research Grant
1973, 1974	Outstanding Young Woman of America